



2024

Chico High Freshman Football

Every student-athlete must have a **Sports physical** before beginning the summer program. A Physician must complete the official District form which can be obtained at Chico High and on the Chico High website.

Sports Physical Night on Chico High Campus May 15th at 6:00 p.m.

Panther Football Strength & Conditioning

- Starts Tuesday June 11th
- Tuesday- Wednesday- Thursday **9:00 am – 10:15 am**
 - @ **Chico High Weight Room (wear athletic attire)**

“Big Red” Football Camp @ Chico High

- Monday July 29 thru Thursday August 1
- 6:00pm-9:00pm (in the Panther Stadium)
 - This is a non-padded camp
 - Football cleats are highly recommended.
- **Cost \$125** (Checks made out to **Chico High Football**)
 - Includes football spirit pack (T-Shirt, Shorts & Practice Jersey)
 - Football Gear will be issued at the end of camp for players who continue to play at Chico High
- This camp is not mandatory but **highly recommended** for team and skill development.

Must have physical on file to participate

Football Starts (Mandatory Attendance to play)

- **Fall Football:** Monday August 5th
 - **Mandatory** Practice time TBA
 - **Must have physical on file to participate**

Scrimmage on Friday August 16 *Every player needs to have 10 practices to participate*

First Game at Home at Nevada Union on Thursday, August 22

Every player needs to have 15 practices to participate